

Wellness Coaching Attendance Log

You will receive 25 points for completing this activity

Name: _____ Facility: _____

Instructions: Use the table below to track your **wellness coaching, nutrition counseling, or disease management sessions** during the current 6-month period. You will earn credit for attending at least 3 sessions over the next 6 months. Be sure to include the date of the session, the name of your coach, the type of session, and the length of the session.

Date	Name of Coach	Session Type	Session Length