

## Massage Therapy Attendance Log

You will receive 25 points for completing this activity

Name: \_\_\_\_\_ Facility: \_\_\_\_\_

You will earn credit for this activity by attending at least 3 appointments over the next 6 months.

**Instructions:** Please fill out the form below to receive credit. Use the table below to track your massage sessions during the current 6-month period. Be sure to include the date of the session, name of the spa/facility, the name of the massage therapist, and the length of the session

\*\*\*Receive an extra 5 points for a 2-3 sentence reflection of how the massages have helped you in your health journey (write in below the table or back of page).

Date	Name of Spa/Facility	Name of Massage Therapist	Session Length
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____